



Central Plains Dressage Society Newsletter January-March 2022

Fun Friendly Forward

Happy Winter! CPDS is getting ready to start their show season with a CPDS West Schooling Show on January 29. It will be a Skype show with Melissa Creswick judging remotely. See www.horseshowconsulting.com for more info.

This month has several interesting articles about what's going on and opportunities available. Also included are a couple of Denny Emerson's musings from Tamarack Hill Farm. Enjoy!

CPDS is going to "reward" volunteers starting soon. Lanyards with pins denoting hours are being planned. Details coming soon.

Attention: WORKING EQUITATION RIDERS! CPDS will be including WE classes in the January, February, and March schooling shows.

Dressage Foundation Gifted Grant Recipient Region 9: Naima Lowe (OK): Member of the Central Plains Dressage Society and the Oklahoma Dressage Society. Naima plans to spend seven days with Den Burdette. Her goals include building her confidence, stamina, and flexibility and to begin showing First Level this fall.



CPDS member, Holly Luke, received the Gifted Grant last year and her article is in this newsletter.

From Tamarack Hill Farm

Definition of double-edged sword: something that has or can have both favorable and unfavorable consequences

For horses, the need of their human owners to compete for fame, recognition, money, is a double-edged sword. That competitive urge can cause humans to take exceptionally good care of their horses in terms of feeding, turn-out, veterinary care, meticulous training, top of the line equipment---all of that, all good.

But, then, under the pressure to prove how great they are, the same human who has lavished all that care on the horse can run it into the ground, grind it, press it, even drug it, All bad,

So each human has it to decide just how far they will push their horses in order to win.

Another in a wide range of choices--*Denny Emerson*

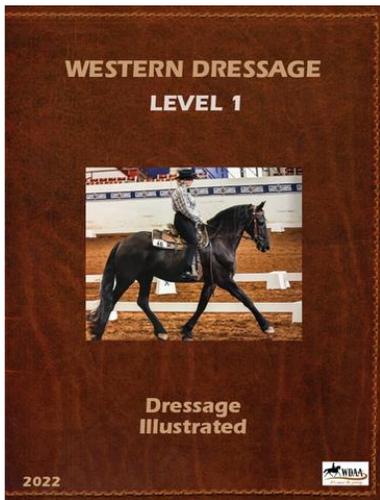
From Annie Houchin's E-Blast:

Yes, you heard that right! Show season is among us! Are you ready? No? Well, that's okay because we have a wonderful event that will help you get show ready. Join us on SATURDAY, MARCH 19th at 9:00 AM at the Serentean Wellness Center at OSU (Lecture Hall, Room 102) - 1514 W Hall of Fame, Stillwater, OK for Judging with Jodi. Jodi Lees is one of our favorite USEF "S" judges. Not only is she extremely knowledgeable, she is approachable and kind. We will go over the dressage tests, understand what judges are looking for and why the give scores are given. \$50 for members, \$75 for non-members. Check out the Central Plains Dressage website for more details.

Also From Annie:

The WDAA recently published new tests for the 2022 show season. BE SURE and familiarize yourself with these tests. If you are planning on showing in Western Dressage, we WILL be using

the 2022 tests for the first show on JANUARY 29th. Our friend Patty Couch and her lovely partner Gallant Prince Von G made the cover of the Level 1 Test book...



(This E-mail was sent by Kim Beard, our new Volunteer Coordinator, to those already listed as volunteers and is something for all members to think about.)

Hard to believe that the 2022 CPDS show season is already upon us and we are looking forward to an amazing year of adventures. But first, I must introduce myself and prepare this awesome group of volunteers for the season. My name is Kim Beard (usually just referred to as “Kyriana’s mom”) and I’m new to the CPDS Board and also taken over the Volunteer Coordinator duties from the amazing Chris Cashel. Huge shoes to fill and I’ll admit that it’s a bit terrifying! Luckily, being the awesome human that she is, her guidance will surely keep our team afloat this first year!

If you are receiving this email, your name was on the volunteer list that Chris provided to me in preparation for the 2022 show season. And here I am already making demands of each of you—but all for a good cause. First and foremost, if you no longer wish to volunteer at CPDS shows, please just let me know. I’ll be happy to take you off the contact list. If you do wish to continue as a volunteer, please provide me with as much information as possible so that I only contact you for the appropriate shows. For example, are you willing to work Schooling, Recognized or WD Lite shows...maybe you have a preference or maybe you are happy to volunteer for all?!? Or maybe you are busy in the spring but available in the fall? Are you a rider and want to volunteer but need me to schedule around your show times...let me know that as well! Do you have specific volunteer positions that you prefer or ones that

you absolutely can’t stand? Let me know! Do you have special talents? Can you scribe? Are you a master on the microphone and would love to be the announcer? Can you run the indoor gate like a pro? Please feel free to provide me with any and all details so I can get you lined up in the right place at the right time. I’m also looking for a group of people who would be willing to help with cleaning and preparation the day/evening before shows and then again after the shows in order to take the workload off of Robin, Chris and the Valley View crew. If this is something that sounds of interest—let me know that as well! There’s power in numbers and we can do great things if we all chip in a little extra time!

Our first show of the season is a Schooling Show & Working Equitation Show on Saturday, January 29th. I’ll be sending out a request for volunteers for this show soon. Let’s hope mother nature cooperates and allows us to kick off the season with a bang! I know many of you already; however, I’m beyond excited to get to know the rest of you this season. We have some wonderful plans in store for our amazing volunteers—stay tuned for details about the new Volunteer Incentive Program that your CPDS Board is constructing at this very moment. None of this is possible without the time, talents and servant hearts of our volunteers and we are blessed with the best group of volunteers. We shall continue to strive to make Valley View Equestrian Center the BEST show environment in the country!

“Volunteers are the only human beings on the face of the earth who reflect this nation’s compassion, unselfish caring, patience, and just plain loving one another.” ~Erma Bombeck

Thanks,
Kim Beard, M.S.

National Dressage Pony Cup

(submitted by Christina Harmon)

This past year, I was lucky enough to have a horse short enough to qualify as a “Small Horse” for the National Dressage Pony Cup. This wonderful organization supports the talent and training of ponies and small horses in the sport of Dressage. It’s one of the only organizations where ponies compete solely against other ponies and small horses (horses 14.3HH to 15.3HH) compete against other small horses for year-end awards. The breed of the pony or horse does not matter, it’s all about height! So, what is the National Dressage Pony Cup all about? The NDPC was developed to allow a place for ponies and small horses to compete in a national way against each other. It was designed to offer a competitive environment for horses and ponies that was not really available several years ago. The

NDPC has grown to offer not only a very nice year end awards program, but also 2 National Championship Shows (one in St. Louis and one in the West (location to be determined).

In order to qualify for NDPC awards and prizes, each pony/rider or horse/rider combination must be members of the NDPC Pony Division or Small Horse Division (whichever applies). Ponies must have a current valid USEF Pony Measurement on file with USEF and Small Horses must have a current and valid NDPC Small Horse Measurement Form on file. The National Dressage Pony Cup keeps track of the awards earned throughout the year from USDF, so it's easy to participate. Only USDF/USEF shows qualify for year-end awards, and there is no minimum or maximum number of scores. It's a fun organization and last year it was a blast to keep track of our progress through NDPC and watch our rankings as we competed throughout the year. If you have a small horse or you're riding a pony...this is the place for you! Sign up and join us in the fun!

2021 CPDS Fall Festival-A Howling Good Time

(submitted by Kathy Maxwell)

I have come to love our annual Freestyle Festival, Fall General Meeting and Award Ceremony day. I struggle with which part I enjoy the most; the sheer enjoyment of watching the freestyle performances, the shared enthusiasm for year end awards, or the opportunity to see so many friends in "real" clothes unencumbered by a day of competition. To top it off we added a dog costume parade and race this year that was both highly entertaining and well attended! The day began with our Freestyle Festival. We had a wonderful variety of themes, levels, and age groups this year, that added to the festive atmosphere. A huge thanks to everyone that put a freestyle together and performed it for the group! The club was able to celebrate with Kristin Knutson as she was freshly home from earning the National Freestyle Championship, Open Division in Kentucky. What an amazing accomplishment and how fortunate we are to see Kristin perform regularly at our shows! Next came our costumed dog parade with a multitude of sizes and varieties of pooches dressed for the occasion. The dogs were divided into size divisions for the dog races. Some of the participants were more practiced at this racing skill than others. Some just wanted to meet a new friend! Needless to say there were many good laughs and we are glad to report the group was well behaved. Following lunch we held our Fall General

Membership Meeting. Kim Beard and Christina Harmon were elected to serve on the Board and we welcome them and are grateful for the insight, ideas, and talents they bring to the board.

Paul Stewart presented our first annual Deryn Stewart Volunteer of the year award to Chris Cashel. Deryn was a charter member of Central Plains Dressage Society, an amateur USDF Gold Medalist, and huge supporter of promoting dressage. Along with her husband Paul, they have supported our club through volunteering and financial support. Sadly Deryn passed away in May and we wanted to honor her memory in a meaningful way. Thus the Deryn Stewart Volunteer of the Year was born. Chris Cashel exemplifies the volunteer spirit with dedication and humility. Her willingness to do any job that needs to be done for the benefit of the organization, her steadfast dedication and many (many, many) hours served made her an excellent candidate for the award.

A silent auction took place during the course of the day. Our members donated and bid on a variety of baskets. This has become an important fund raising event for us. Thanks to everyone who donated to a basket or bid on an item, it makes a difference!

The day concluded with our anticipated and exciting Year End Awards. The Year End Awards are held for both our Schooling Show Series and Recognized Shows. It is so much fun to see everyone as their name is called and know how hard they have worked throughout the year to get there. Congratulations to all of our awards winners!

The Annual General Meeting and Freestyle Festival is tentatively scheduled for November 19, 2022. Mark your calendars.

Getting Ready for Fall and Winter Around the Barn

(submitted by Kathy Maxwell)

As I write this article for the newsletter, it feels impossible that we should be planning for the arrival of inclement weather when daytime temperatures are still over over 90 degrees. Then the reality hits that we had a major ice storm last year on October 27, 2020 and that Oklahoma is nothing if not unpredictable. While the cooler temperatures and less pesky bugs make riding so pleasurable this time of year, we have to plan and prepare for the winter months ahead.

First and foremost are the higher priority maintenance items; taking care of fence repairs, inspecting the barn roof for leaks or loose material, checking your gutters and drains to ensure you don't end up with an ice skating rink, and ensuring doors and windows seal properly to keep out those cold

winter winds. Another area of concern is footing issues around the barn and pasture or turn out area. Standing water or mud that has not been an issue during the year will certainly become an issue as the weather turns cold. There are a number of websites to help you address specific issues by giving alternative solutions.

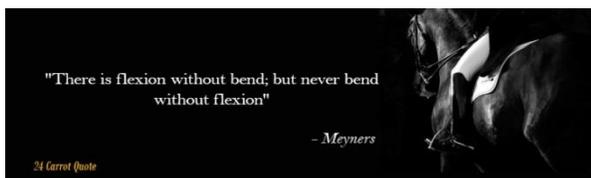
Having adequate supplies on hand will reduce stress later. Most sources recommend adding 10% overage for hay, feed, and bedding as the weather starts to change. Make sure you have an adequate amount of prescription medications and supplements. Even if weather in our area is mild, there can be an issue where your supplies are shipped from. Shipping in general runs a little longer post-Covid onset.

This is the perfect time to check and see if your heated buckets or trough deicers are working and repair or replace those that are malfunctioning. While you are in the groove of checking equipment pull out those horse blankets and check them for fit and repair. A slight change in your horses' weight or condition can have a big impact on the fit of their blankets, so try them on even if you think things haven't changed much. Inspect them for any tears and make necessary repairs. A comprehensive list of blanket care and local shops that do repair is in the April - June 2021 Newsletter article titled Winter Blanket Blues. Make sure and replace any broken buckles or leg straps.

Most importantly make sure your horse is ready for winter. Nobody wants an overweight horse, but if your horse is on the thin side, it is easier to add a little weight now than when the horse is burning calories to warm itself. Make sure vaccinations, teeth floating, and worming are up to date. Remember to use a wormer that is effective against bots after the first hard freeze. Talk to your vet about ways to ensure your horse stays hydrated during the winter. Also be aware of the inherent risks of late fall grazing. If we experience rain and a surge of grass growth, the grass will contain higher sugar content similar to spring grass and can cause laminitis in horses prone to it (such as those with Cushing's Disease).

Enjoy the beautiful days of riding and spend a little time getting ready for the days ahead. It is sure to pay off.

(This article was inadvertently omitted from the last newsletter.)



"There is flexion without bend; but never bend without flexion!"

- Meyers

24 Carrot Quote

Kathy Maxwell, President of the Central Plains Dressage Society, recently conducted an interview with Floor van Run who is active in dressage in the heartland of world competitors from the Netherlands and Germany. Floor is visiting Oklahoma from Holland where she is an active rider and a staff member of the Dutch National Olympic Committee. She offers insights into the Dutch equestrian educational system. Use the following link to view the interview.

https://youtu.be/cHAVf9G_Qx

A TOUCH OF DUTCH

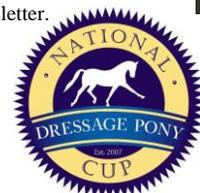
An interview with Floor van Run who is active in dressage in the heartland of world competitors from the Netherlands and Germany

- ▶ Nijmegen is Floor's hometown which is in the Netherlands on the border of Germany. She lives in an area where dressage is one of the top sports.
- ▶ This geographic area produces some of the best horses and riders who consistently win World Cups and Olympic competitions.
- ▶ Floor will share with us some insights into what it is like to grow up in the Dutch horse culture and some surprising differences between dressage in the US and Europe.
- ▶ Kathy Maxwell, president of Central Plains Dressage Society, is the interviewer.

(Note: Orange is the national color of the Netherlands)



Congratulations to members Den Burdette and Christina Harmon who received year-end awards from the National Dressage Pony Cup. Christina, with Rose Marie, in the Small Horse Baileya Division. Den, with Bubba Bailey in the Pony Division. More information about this organization is included in this newsletter.



“Top 10 learnings as a recipient of The Dressage Foundation Gifted Memorial Fund with Melissa Creswick”

(submitted by Holly Luke)

1. Safety First - I was more than thrilled when I received the email that I had been chosen as a recipient of The Dressage Foundation Gifted Memorial Fund for Adult Amateurs. I had this incredible plan with a spring and fall session to prepare me for the show season as well as set me up for winter work. Our first week was planned in Wichita, KS. I had been approved to take the week off from work, had cleaned and packed the trailer and I was prepared for the haul. On day one of “vacation,” I wanted to get in one last ride prior to hauling to Kansas. I was at the end of my ride when I felt it was imperative to half pass in order to change direction and work our exercise in the other direction (even though the neighbors were in an intense game of basketball). As I was half passing, a basketball was coming our way, Windy went left and I went right. My foot got stuck in the stirrup and I not only heard but felt the snap. As she continued left and I was trying to organize myself, I somehow managed to get my foot loose. I was unable to place weight on my foot and regain my composure in the saddle and felt my best option was to drop my reins, my stirrups, and fall to the ground which is what I did.

Instead of hauling to Kansas, I hauled myself to the doctor. I learned I had suffered significant trauma to my right foot, four broken bones, and would be non-weight bearing for 12 weeks. I ended up being out for six months. After the accident, I became obsessed with what happened, why it happened, and how I could minimize my risk in the future. Through my research, I learned about the correct width of stirrups, recommendations on the best safety stirrups, the importance of not riding in paddock boots that have a thick, non-leather waffle sole and contain a boxy toe, and the importance of the date stamped on helmets. Obviously, I was far from taking all the safety precautions that I could have. In the end, I purchased new stirrup leathers, Acavallo safety stirrups, DeNiro boots, and a new helmet that was up to date.

2. Enjoy the Journey - Even while I couldn’t ride, I spent my time reading, learning, and editing my freestyle. There is so much that can be done that is not in the saddle. I learned about equine massage and proper groundwork which allowed me to connect with my horse on a totally different level.

After six months off, I was back in the saddle and starting my training week. Here's what I learned IN the saddle:

3. Horses Mirror our Emotion - Melissa not only gave me instruction, she saw the opportunities in me. “Don’t hover, don’t micromanage, you abandon her when things get difficult. Slow down, you have time. Quit reacting to her, change the reaction to a response. Ride the horse, not the environment. Quit taking her temperature, just ride. You have to be the alpha; she will test you every time and the work has to be easier than the resistance.”

4. Start with Why - We don't do exercises to just do exercises. You must know why you are doing the exercise in the first place? What are you trying to solve? Warm-ups should be utilized to access what you have and to gather information. Is your horse bending? Is she on the aids? Does your inside leg work? Based on the information you receive you can then decide what exercise your horse needs to take the training forward.

5. Listening is a Vital Part of Communication - She must first listen before you can ask for more forward or sideways. She must be accessible. "The horse is to come to you not you going to her. The horse must hear the aid for forward and listen in a quiet way."

6. Provide Clarity - If she is bulging out onto your leg, your leg must become active. Get off my leg and do it now. In the forward, no nagging, it's not about keeping her going, it's about when your leg goes on she is to immediately go forward. In the changes, sit down and be direct. I need to provide a clearer aid and expect a clear response.

7. Expectations - Most folks put limits on themselves by not having high enough expectations. "There is no compromise in training. Expect it to happen and quit putting a value on the "what if" or things that have not yet happened." "This horse has more than you are asking. Don't cope with what she gives you, create what you want."

8. Own it - Is this your trot or her trot? Did you ask for that? Don't nag every stride, make something happen.

9. Responsibility - Hold her responsible for going forward, and self-carriage. "You are working much harder than I would." When you put your leg on, you must have an immediate response. If she's not ahead of your leg, what's the point?

10. Power of your Core or Belly Wall - Don't pull your hands to your belly, push your belly wall towards your hands. Carry the horse with your belly, not your hands. Utilizing your belly in this way creates an "H" in your body allowing the movement of the horse to flow versus a "V" when you suck your stomach in creating a tight buttock and back blocking the movement of the horse. "Legs wide, belly out and she is to carry you."

Bottom line - When we connect in a quieter way this equals security. Once we have security, we can then ask for gaits and more forward. I need much more forward and back in my work to get the engagement needed to progress up the levels.

I'll close by extending my thanks. I am humbled and grateful to have received this grant which allowed me to continue my education. This opportunity has presented a way to stay connected to Melissa with virtual lessons which are already planned for the future. I'm looking forward to the consistency and accountability to ensure we continue to progress. Thank you for your generosity and for making such an impact on our journey.

Central Plains Dressage Society Education Symposium

Judging with Jodi

Jodi Jones Lees, USEF "S" Dressage Judge
March 19, 2022, Saturday 9am to 5pm



Program Features

- Understanding dressage test structure, levels, and purpose.
- Learning about scoring of dressage.
- Understanding structured methodology for specific movements.
- Discussing rider scores in the collective marks.
- Exploring vocabulary and comments.
- General discussion and guidelines on scoring with time for Q&A.
- Videos of dressage tests showing movements will be utilized for optimum learning.

Who will benefit from attending

- Riders who want to improve their competition test scores.
- USDF L graduates, and those who hope to become a judge.
- USDF L program starts in May! This is a great introduction.
- Anyone who wants to learn what a judge is looking for in a dressage test.

Program details and Location

- All day program starts at 9am sharp.
- Lunch is on your own.
- CPDS member fee: \$50 paid by March 14.; Fee after March 14: \$75.
- Non-current CPDS members fee \$75.
- Make checks payable to Central Plains Dressage Society and mail to:
- Stacia Wert-Gray 3420 E. 40 th St, Edmond Ok 73013 405 204-3870. or paypal to info@centralplainsdressage.org

Seretean Wellness Center at Oklahoma State University

Lecture Hall, Room 102 1514 W. Hall of Fame

Stillwater, OK 74078-2026

For information contact Robin Hessel at 405-747-7121, call or text.





Central Plains Dressage Society - Kansas Dressage and Eventing Association - Oklahoma Dressage Society

This is Part 1 of the L Program - presented in three separate sessions, hosted by three GMOs

This program provides an opportunity not only for those wishing to become "L" Graduates, but also for any rider wanting to gain insight into the evaluative techniques of judging dressage.

Part 1 consists of both classroom sessions (lectures and videos) and live demonstrations. The program takes a systematic and orderly approach to explaining the judge's methodology. It examines biomechanics of the horse's gaits and the rider's position; the scoring system; appropriate comments; and how the horse properly demonstrates the basics through the first three levels of dressage (Training through Second Level).

Individuals may register as Participants or Auditors. Participants are granted access to training materials and homework on the USDF website.

Auditors are also provided information on the website, but do not have to complete homework. Auditors are able to listen and view the entire program but are not permitted to ask questions unless time permits.

- * Participants have the opportunity to meet a requirement to become "L" Program Graduates and judge schooling shows
- * Participants -have the opportunity to meet the requirement to enter the USDF "r" Judge Training Program
- * This program provides education for licensed judges and graduates of the L Program.
- * Trainers and instructors learn how to better inform and guide their students
- * Competitors have a better understanding of the meaning of judge's comments
- * Riders develop a better awareness of proper training sequences
- * Riders develop better understanding of how horses move according to their conformation
- * Riders have a more informed appreciation of what is expected at each level

Session A May 21 – 22 Riverbend Arena, Inola, Oklahoma
 Hosted by Oklahoma Dressage Society
 Introduction to judging and biomechanics Presented by Joan Darnell

Session B July 30 – 31 Valley View Equestrian Center, Stillwater, Oklahoma
 Hosted by Central Plains Dressage Society
 Judging Criteria for gaits, paces, movements, and figures
 Presented by Debbie Riehl-Rodriguez

Session C October 15 – 16 Capall Stables, Wichita, Kansas
 Hosted by Kansas Dressage and Eventing Association
 Collective Marks, equitation, rider biomechanics and basics
 Presented by Kathy Rowse

Registration Fees for Participants is \$265 each session (includes lunch) and \$90 each session for Auditors (includes lunch)

Participants must attend all three sessions to be eligible to apply to Part 2. Auditors may attend any or all of the sessions

For further information or applications please contact the Program Coordinator:
 Sherry Guess guessdrsg@aol.com 918.640.1204



UNITED STATES DRESSAGE FEDERATION™

L Education Program

Date Received _____

OKS presents USDF "L" Education Program 2022

Central Plains Dressage Society --- Kansas Dressage and Eventing Association --- Oklahoma Dressage Society

AUDITOR APPLICATION – PART 1

Name _____ USDF # _____

Address _____

Phone _____ Email _____

CPDS member ____ ODS member ____ KDEA member ____ Other _____

\$90 per session due two weeks prior to first day of session

All sessions may be paid at this time – please indicate sessions you wish to attend

Lunch is included

- | | | | |
|------------------|--|---|--------------------------|
| Session A | May 21 – 22 Hosted by Oklahoma Dressage Society Introduction to judging and biomechanics | Riverbend Arena, Inola, Oklahoma Joan Darnell | <input type="checkbox"/> |
| Session B | July 30 – 31 Hosted by Central Plains Dressage Society Judging Criteria for gaits, paces, movements, and figures | Valley View Equestrian Center, Stillwater, Oklahoma Debbie Riehl-Rodriguez | <input type="checkbox"/> |
| Session C | October 15 – 16 Hosted by Kansas Dressage and Eventing Association Collective Marks, equitation, rider biomechanics and basics | Capall Stables, Wichita, Kansas Kathy Rowse | <input type="checkbox"/> |

Total Enclosed _____

**No refunds (full or partial) except in extenuating emergency situations.
Appropriate documentation must be submitted for refunds to be considered.**

**Make checks payable to ODS and return this form with payment to:
Sherry Guess 18216 S. 397th E. Avenue, Porter, OK 74454
Contact information: 918.640.1204 guessdrsg@aol.com**



UNITED STATES DRESSAGE FEDERATION™

USDF

L Education Program

Part 1 APPLICATION AS PARTICIPANT

GMO/Host OKS -- Central Plains Dressage Society – Kansas Dressage and Eventing Society – Oklahoma Dressage Society

Name: _____ USDF Member #: _____

Address: _____

City/State/Zip: _____

Phone _____ Email _____

1. Goals: (check all that apply)

- I intend to take the program to learn to identify correct performance.
 I intend to become a USDF L Program Graduate.
 I intend to enter the United States Equestrian Federation, Inc. (USEF) “r” Judge Training Program.
 I intend to participate in Part 1 only (A – C Sessions).
 I intend to participate in Part 1 and Part 2 (if accepted into Part 2).

2. Prerequisite: Current USDF member (GM/EM/PM)

I am a current member of USDF.

3. What is the highest level at which you have competed in USEF- licensed/USDF- recognized competition?

4. If accepted as a participant, I will make a commitment to attend:

Sessions A, B, and C

Yes No

Please note:

- 1. Only 10 participants can be accepted into Part 2. Please check with the organizer regarding availability and requirements.**
- 2. Organizers are not required to host a Part 2.**

The minimum score requirement to enter Part 2 are three scores from three USEF-licensed dressage judges, two scores of 65% or higher at the highest test of Second Level and one score of 62% or higher at Third Level or above. Three scores of 62% or higher at Third Level or above from three different, or any combination of these requirements would also meet the requirements to enter Part 2. Only scores from USEF-licensed/USDF-recognized competition(s) will count.

Anyone wishing to complete the L Education Program or retest that has exceeded five years from their last session will be required to participate in or audit all Part 1 sessions and purchase access to the current L Education Program material.

As a member in good standing of the United States Dressage Federation (USDF) and participant in the USDF L Education Program (L Program) I acknowledge I have read and agree to follow the protocols and procedures outlined in the current edition of the Participant Guide. I acknowledge my responsibility to act in a professional and ethical manner while attending the L Program sessions and while meeting any requirements to complete the program.

Signature: _____ Date: _____

Printed name: _____

\$265 per session due two weeks prior to first day of session

All sessions may be paid at this time – please indicate sessions you wish to attend
Lunch is included

- | | | | |
|------------------|---|---|--------------------------|
| Session A | May 21 – 22 | Riverbend Arena, Inola, Oklahoma | <input type="checkbox"/> |
| | Hosted by Oklahoma Dressage Society | | |
| | Introduction to judging and biomechanics | Joan Darnell | |
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| | Judging Criteria for gaits, paces, movements, and figures | Debbie Riehl-Rodriguez | |
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| | Collective Marks, equitation, rider biomechanics and basics | Kathy Rowse | |

No refunds (full or partial) except in extenuating emergency situations.

Appropriate documentation must be submitted for refunds to be considered.

Make checks payable to ODS and return this form with payment BY MAY 7, 2022 to:

Sherry Guess 18216 S. 397th East Ave, Porter, OK 74454

918.640.1204 guessdrsg@aol.com